

Buffalo Chip Records

Women 80 – 89

Distance	Time	Record Holder	Where	Comments
373 Mi				
130.48 Mi				
109.5 Mi				
60.5 Mi				
100 Mi				
100 Km				
50 Mi				
50 Km				
Marathon				
30 Km				
Half Marathon	2:19:14	Myra Rhodes (80 yrs)	Georgetown Half Marathon	8/11/2012
10 Mi				
10 Km				
8Km/5 Mi				
5 Km	36:55	Po Adams (81 yrs)	Run, Walk and Roll for Unity	5/31/2014
1 Mi	11:54	Po Adams (82 yrs)	Fleet Feet Mile	7/10/2005
1500 m				