

Buffalo Chip Records

Women 70 – 79

Distance	Time	Record Holder	Where	Comments
373 Mi				
130.48 Mi				
109.5 Mi				
60.5 Mi				
100 Mi				
100 Km				
50 Mi				
50 Km	6:21:31	Myra Rhodes (70 yrs)	Way Too Cool	3/8/2002
Marathon	3:54:13	Myra Rhodes (70 yrs)	Cal International Marathon	12/8/2002
30 Km				
Half Marathon	1:47:10	Barbara Miller (70 yrs)	Humboldt Half	10/18/2009
10 Mi	1:18:59	Barbara Miller (70 yrs)	Buffalo Stampede	9/13/2009
10 Km	48:28	Barbara Miller (70 yrs)	Heritage Oaks 10K	9/27/2009
8Km/5 Mi				
5 Km	22:53	Barbara Miller (70 yrs)	Nike Women's Fitness Festival	6/6/2010
1 Mi	7:02	Myra Rhodes (71 yrs)	Fleet Feet Davis Mile	7/11/2004
1500 m				