

Buffalo Chip Records

Masters Women 40 – 49

Distance	Time	Record Holder	Where	Comments
146.5 Mi	48 Hr	Jan Levet	Gibson Ranch 1995	
116 Mi	24 Hr	Jan Levet	USATF NC 1992	
68.25 Mi	12 Hr	Jan Levet	Run for Sight, Sonoma 1992	
100 Mi	19:29:29*	Jan Levet	USATF NC 1992	
100 Km	9:26:25	Christine Flaherty	Ruth Anderson 100K 1992	
50 Mi	6:58	Joan Reiss	Jed Smith 1987	
50 Km	3:56:29	Christine Iwahashi	Jed Smith 1999	
Marathon	2:43:46	Sharlet Gilbert	Boston Marathon 1994	
Half Marathon	1:17:37	Kathy Ward	Las Vegas 1997	
10 Mi	59:56:00	Kathy Ward	Cal 10 1996	
10 Km	36:36:00	Kathy Ward	SJ Mercury News 1997	
8 Km/5 Mi	31:32:00	Joan Reiss		
5 Km	17:34	Kathy Ward	Davis Turkey Trot 1995	
1 Mi	5:15:55	Dee Dee Grafius	Fleet Feet Mile 1997	
1500 m	5:01	Kathy Ward	Masters TM Los Gatos 1995	
800 m	2:18:07	Dee Dee Grafius		American Record (former)
400 m	63.13	Dee Dee Grafius	Cordova A-C Meet 1997	