



32nd Annual Jed Smith Ultra Classic

30K, 50K, 50M

THE FASTEST ULTRA IN THE WEST



Saturday, February 6, 2010
William B. Pond Park—Sacramento, California

Directions to William Pond Park:

From I-80 take Watt Avenue South. Turn left (east) on Arden Way and follow Arden into the park. From US 50, take Watt Avenue North. Turn right (east) onto Arden Way and proceed into park.

Park entry fee included in race fee!! Ask for voucher at registration table.

Course Description

- 10 km loop around scenic William Pond Recreation Area
- Half horse trails/dirt roads, half paved trails
- USATF Certified, fast and flat.
- Two fully stocked aid stations per loop
- No dogs or baby strollers allowed.

For more info, contact Race Directors:

Dennis Scott at (916) 455-8710,
dncott548@yahoo.com ; or

John Blue at (916) 453-9515,
buffalo.blue@buffalochips.com

Event Day Schedule

Time	Event
6:30 - 7:45 A.M.	Packet pick-up and race day registration
8:00 A.M.	50M event start
8:30 A.M.	50K event start
9:00 A.M.	30K event start
6:00 P.M.	<i>Cut off for all races! (It gets dark and they kick us out of the park.)</i>

Fun Facts to Know and Tell

While we do our best to ensure good weather, the race takes place RAIN or SHINE! <u>There are no refunds!</u>	<ul style="list-style-type: none"> • Technical shirts for all runners • Professional timing by Capital Road Race Management • Awards to top 3 of 10 year age group • Post-races — Refreshment, story-telling and lap-reinactments • First PA-USATF Ultra Grand Prix event of 2010
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Cost:	50Miler - before 1/22/10 \$60, after 1/22/10 \$70, race day \$80
	50K - before 1/22/10 \$55, after 1/22/10 \$65, race day \$75
	30K - before 1/22/10 \$45, after 1/22/10 \$50, race day \$60
	Special price for 18 & under:
	30K - before 1/22/10 \$30, after 1/22/10 \$35, race day \$40

The Jed Smith Ultra Classic 50K is an event in the 2010 PA/USATF Ultra Grand Prix Series. In order to qualify for Grand Prix points and awards, you must be a PA member prior to the start of the race. Runners may now register online. For further information, you may access the PA website at www.pausatf.org, or contact Grand Prix Scorer Gary Wang (408/961-6277 or firepotter@yahoo.com), or co-chairs Hollis Lenderking (650/327-1017) or Rae Clark (530/309-3905). Membership applications are also available in the California Track & Running News (sent free bi-monthly to members) or from the PA office at 120 Ponderosa Court, Folsom 95630 (916/983-4715).

Waiver Liability and Publicity Release: I know that running is a potentially dangerous activity. I should not enter unless I am medically able and properly trained. I agree to abide by the decision of the race officials relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to: fall, contact with other participants, the effects of the weather, including heat/cold and/or humidity, traffic and the condition of the road/course, all such risks being known and appreciated by me. I am aware that the medical support for this event may be volunteers who will be prepared to administer first aid assistance. Having read this waiver and knowing these facts and in consideration of acceptance of my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Buffalo Chips Running Club of America, Capital Road Race Management, PA/USATF, the County of Sacramento, official volunteers, and all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event, although that liability may arise out of the negligence or carelessness on the part of the persons named in this waiver. I grant permission to all foregoing to use any photographs, motion pictures, video, recordings, or any other record of this event for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals and radio headsets are not allowed in this race and I will abide by these rules. I acknowledge the event management, sponsors and volunteers will attempt to produce the event "as advertised" on this entry form, but that management may make changes to the event as necessary to make it successful and safe for the participants.

		Please do not mail after 1/30/10.			
		Before 1/22/10	After 1/22/10	Race day	
First Name	_____				
Last Name	_____	<input type="checkbox"/> 30K	\$45	\$50	\$60
		<input type="checkbox"/> 50K	\$55	\$65	\$75
		<input type="checkbox"/> 50 Miler	\$60	\$70	\$80
		<input type="checkbox"/> Under 18			
		<input type="checkbox"/> 30K	\$30	\$35	\$40
Address	_____	T-Shirt Size			
	_____	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female			
	_____	PA/USATF Number			
Phone	_____	PA/USATF Club			
	_____	_____			
Email address	_____	_____			
Birthdate (mm/dd/yyyy)	_____	Age on Race Day			
Signature	_____	_____			
Parent/Guardian Signature (if under 18)	_____	_____			

Mail completed entries with check payable to BCRC: CRRM/Jed Smith, PO Box 19027, Sacramento, CA 95819